

Early Detection Is Key in Treating Breast Cancer

Did you know that...

- Every 19 seconds throughout the world, a woman is diagnosed with breast cancer?
- In the United States alone, ONE in EIGHT women will develop breast cancer in her lifetime?
- The most common risk factors for breast cancer are being female and getting older?
- Each year in the United States, more than 230,000 women are diagnosed with invasive breast cancer?

Early detection increases the likelihood of successful treatment and offers the best chance of survival.

The most reliable way to detect breast cancer in the early stages is mammography, a specific type of imaging that uses a low-dose X-ray system to examine breasts. **Regular mammography screenings can successfully detect breast cancer up to two years before it can be felt by you.**

Our staff uses state-of-the-art imaging methods to ensure that you receive comprehensive breast screenings, diagnosis and treatment in the earliest possible stages.

To schedule your appointment,
please call **404-778-PINK (7465)**

<http://www.emoryhealthcare.org/radiology/aboutradiology/breastimaging.html>

Locations available:

Emory University Hospital
Emory University Hospital Midtown
Emory Saint Joseph's Hospital
Emory Johns Creek Hospital

At Emory’s Breast Imaging Centers, we support the American College of Radiology and Society of Breast Imaging recommendations that stress the importance of yearly mammographic screening and clinical breast examination for all women beginning at age 40.

**Elevated risk = personal history of breast cancer, family history of breast cancer in a premenopausal, first degree relative on either side, family history of male breast cancer, history of previous abnormal breast biopsy results, or known BRCA+ status.*

***Although the ACS no longer recommends all women perform monthly breast self-exams (BSE), women should be informed about the benefits and limitations associated with BSE. Women who detect their own breast cancer usually find it outside of a structured BSE while bathing or getting dressed. All women should become familiar with both the appearance and feel of their breasts to detect any changes and report them promptly to their physician. Research has shown that self-awareness seems to be more effective for detecting breast cancer than the structured monthly breast self-exams (BSE).*

	20-29 Years	30-39 Years	40+ Years
Breast Self-Awareness**	Report any breast changes to your physician without delay	Report any breast changes to your physician without delay	Report any breast changes to your physician without delay
Mammogram (average risk)	-	-	Annually
Mammogram & consider MRI (elevated risk*)	Age to be determined by physician consultation	Age to be determined by physician consultation	Annually

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